

**MRE10, 10 KM RECREATIE**

| <b>Plts</b> | <b>Naam</b>            | <b>GJ</b> | <b>Woonplaats/Vereniging</b> | <b>Bruto</b> | <b>Netto</b> |
|-------------|------------------------|-----------|------------------------------|--------------|--------------|
| 1           | Martijn Dekker         | 79        | Dalfsen                      | 35:58        | 35:57        |
| 2           | Maurits Hoonhorst      | 72        | Zwolle                       | 36:38        | 36:36        |
| 3           | Hans Lindeboom         | 86        | 's-Heerenbroek               | 36:58        | 36:56        |
| 4           | Douwe Weima            | 63        | Nijverdal                    | 37:17        | 37:16        |
| 5           | Martin Hendriks        | 71        | Elburg                       | 37:52        | 37:48        |
| 6           | Johan Neevel           | 65        | Kampen                       | 37:54        | 37:52        |
| 7           | Edwin Schrik           | 69        | Zwolle                       | 38:08        | 38:06        |
| 8           | Rudi Tromp             | 75        | Wapenveld                    | 39:12        | 39:07        |
| 9           | Stef Riemens           | 63        | Zwolle                       | 39:27        | 39:24        |
| 10          | Joop Wijnhoud          | 62        | Zwolle                       | 39:30        | 39:26        |
| 11          | Erik Slomp             | 84        | Enschede                     | 39:53        | 39:49        |
| 12          | Henk Dimmendaal        | 54        | Deventer                     | 40:09        | 40:05        |
| 13          | Huib Liefhebber        | 69        | Zwolle                       | 40:10        | 40:07        |
| 14          | Roel-Jan Heeringa      | 73        | Zwolle                       | 40:14        | 40:13        |
| 15          | Gé de Leeuw            | 58        | Zwolle                       | 40:26        | 40:21        |
| 16          | Peter Ligthart         | 64        | Hasselt                      | 40:31        | 40:28        |
| 17          | Ignas Heuvelink        | 64        | Zwolle                       | 40:35        | 40:26        |
| 18          | Anton Ruijter          | 62        | Wijhe                        | 40:39        | 40:37        |
| 19          | Jesper Knoop           | 82        | Amersfoort                   | 40:49        | 40:47        |
| 20          | Kees Hoekstra          | 59        | Zwolle                       | 40:53        | 40:43        |
| 21          | Dieudonne Kartouw      | 80        | Zwolle                       | 41:12        | 41:08        |
| 22          | Albert Mussche         | 70        | Nieuwleusen                  | 41:30        | 41:23        |
| 23          | Martin Neijensteijn    | 67        | Zwolle                       | 41:39        | 41:32        |
| 24          | Arjo Spans             | 70        | Zwolle                       | 41:44        | 41:40        |
| 25          | Erwin Booy             | 64        | Zwolle                       | 42:19        | 42:16        |
| 26          | Henk van den Esschert  | 59        | Heerde                       | 42:36        | 42:30        |
| 27          | Peter van Polen        | 67        | Zwolle                       | 42:38        | 42:33        |
| 28          | Olaf Bos               | 68        | Zwolle                       | 42:42        | 42:40        |
| 29          | Louis Zandbergen       | 57        | Zwolle                       | 42:48        | 42:45        |
| 30          | Olaf Satink            | 71        | Zwolle                       | 42:57        | 42:56        |
| 31          | Joost Extercatte       | 76        | Zwolle                       | 42:58        | 42:53        |
| 32          | Bennie Schakelaar      | 57        | Zwolle                       | 42:59        | 42:54        |
| 33          | Jeroen Eikenaar        | 68        | Zwolle                       | 43:00        | 42:49        |
| 34          | Ludo Remerie           | 90        | Zwolle                       | 43:07        | 42:36        |
| 35          | Steve Oosterkamp       | 92        | Dalfsen                      | 43:08        | 43:04        |
| 36          | Eugene Satink          | 69        | Zwolle                       | 43:10        | 43:01        |
| 37          | Jan Hoekzema           | 53        | Zwolle                       | 43:14        | 43:06        |
| 38          | Frits Bouwkamp         | 47        | Hasselt                      | 43:17        | 43:14        |
| 39          | Peter Bood             | 74        | Wapenveld                    | 43:22        | 43:20        |
| 40          | Pascal Renckens        | 84        | Zwolle                       | 43:35        | 43:31        |
| 41          | Johan Makkinga         | 60        | Ommen                        | 43:38        | 43:26        |
| 42          | Bert Gazenbeek         | 67        | Zwolle                       | 43:39        | 43:32        |
| 43          | Frankwin Mussche       | 70        | Zwolle                       | 43:41        | 43:30        |
| 44          | Erwin van de Werfhorst | 82        | Oldebroek                    | 43:42        | 43:31        |
| 45          | Alex Buitenhuis        | 64        | Dalfsen                      | 43:44        | 43:41        |
| 46          | Bert_Jan Hartman       | 76        | Zwolle                       | 43:45        | 43:33        |
| 47          | Freddy Mulder          | 73        | Zwolle                       | 43:50        | 43:42        |
| 48          | Martijn van der Linde  | 73        | Hasselt                      | 43:50        | 43:43        |
| 49          | Roderique Meijnen      | 77        | Zwolle                       | 43:51        | 43:34        |
| 50          | Rik Braakman           | 76        | Zwolle                       | 43:55        | 43:32        |
| 51          | Jan Tjerkstra          | 58        | Ommen                        | 43:56        | 43:47        |
| 52          | Bert Schraa            | 65        | Zwolle                       | 43:56        | 43:49        |
| 53          | Epke Wiersma           | 99        | Zweeloo                      | 43:59        | 43:48        |
| 54          | Bjørn van Til          | 73        | Raalte                       | 44:02        | 43:52        |
| 55          | Ronny Veldman          | 70        | Zwolle                       | 44:02        | 43:53        |
| 56          | Henri Schimmel         | 69        | Meppel                       | 44:04        | 43:55        |

|     |                        |    |                 |       |       |
|-----|------------------------|----|-----------------|-------|-------|
| 57  | Emiel Kamman           | 77 | Zwolle          | 44:06 | 43:40 |
| 58  | Hanno Treep            | 62 | Zwolle          | 44:08 | 44:06 |
| 59  | Koos Heijmans          | 52 | Zwolle          | 44:09 | 43:41 |
| 60  | Albert Holtland        | 60 | Staphorst       | 44:10 | 44:05 |
| 61  | Aldo Beumer            | 69 | Zwolle          | 44:11 | 43:53 |
| 62  | Hans van de Wetering   | 74 | Noordeinde Gld  | 44:13 | 43:57 |
| 63  | Ben Westerkamp         | 68 | Zwolle          | 44:15 | 44:10 |
| 64  | Wiechert van Tongeren  | 65 | Zwolle          | 44:20 | 44:07 |
| 65  | Hans Frauenfelder      | 67 | Zwolle          | 44:26 | 44:15 |
| 66  | Jan Salomons           | 65 | Zwolle          | 44:36 | 44:22 |
| 67  | Bart Oranje            | 64 | Zwolle          | 44:38 | 44:28 |
| 68  | Hugo van Dijk          | 75 | Zwolle          | 44:40 | 44:33 |
| 69  | Hans Veldman           | 73 | Zwolle          | 44:41 | 44:11 |
| 70  | Han Stiekema           | 49 | Zwolle          | 44:41 | 44:37 |
| 71  | Bert van Duuren        | 52 | Zwolle          | 44:44 | 44:40 |
| 72  | Hans Beumer            | 67 | Zwolle          | 44:45 | 44:27 |
| 73  | Freek van de Graaf     | 70 | Wezep           | 44:49 | 44:20 |
| 74  | Marc Bruins Slot       | 73 | Zwolle          | 44:52 | 44:47 |
| 75  | Han Strikkers          | 59 | Havelte         | 44:56 | 44:55 |
| 76  | Bert Kleiboer          | 65 | Zwolle          | 44:58 | 44:37 |
| 77  | Theo Wieringa          | 70 | Zwolle          | 45:03 | 44:14 |
| 78  | Gerben Pol             | 80 | Zwolle          | 45:07 | 44:27 |
| 79  | Evert van den Bosch    | 58 | Ommen           | 45:09 | 45:02 |
| 80  | Niels Barneveld        | 93 | Zwolle          | 45:16 | 44:12 |
| 81  | Bas Tönis              | 61 | Zwolle          | 45:18 | 44:59 |
| 82  | Henk Norder            | 57 | Zwolle          | 45:20 | 45:00 |
| 83  | Jos Stappenbeld        | 61 | Zwolle          | 45:28 | 44:57 |
| 84  | Tjeerd Keizer          | 83 | Zwolle          | 45:30 | 45:17 |
| 85  | Jan Strijker           | 62 | Zwolle          | 45:30 | 45:12 |
| 86  | Marco de Boer          | 70 | Zwolle          | 45:36 | 45:30 |
| 87  | Jan van de Grootevheen | 53 | Hatterem        | 45:36 | 45:16 |
| 88  | Jeroen Hendriks        | 95 | Zwolle          | 45:37 | 45:20 |
| 89  | Klaas Jansen           | 54 | Hasselt         | 45:43 | 45:38 |
| 90  | Fred van Dam           | 53 | Zwolle          | 45:50 | 45:28 |
| 91  | Hans Paul Visscher     | 68 | Zwolle          | 45:51 | 45:39 |
| 92  | Jeroen van Pijkeren    | 79 | Dalfsen         | 45:52 | 45:42 |
| 93  | Barry Schotman         | 73 | Zwolle          | 45:53 | 45:29 |
| 94  | Erny Veldt             | 68 | Zwolle          | 45:53 | 45:47 |
| 95  | Marcel Diender         | 70 | Zwolle          | 45:55 | 45:48 |
| 96  | René Brinkman          | 69 | Hatterem        | 45:55 | 45:42 |
| 97  | Marcel Monnink         | 62 | Zwolle          | 45:56 | 45:50 |
| 98  | Hans van den Belt      | 59 | Zwolle          | 45:56 | 45:41 |
| 99  | Geert Tjarks           | 54 | Zwolle          | 45:56 | 45:14 |
| 100 | Engbert Flapper        | 66 | Zwolle          | 45:58 | 45:54 |
| 101 | Edwin van Oosterhout   | 66 | Zwolle          | 46:00 | 45:42 |
| 102 | Rob Schuil             | 64 | Zwolle          | 46:00 | 45:34 |
| 103 | Sjon de Vries          | 71 | Zwolle          | 46:06 | 45:51 |
| 104 | Bart Goldsteen         | 79 | Zwolle          | 46:15 | 45:46 |
| 105 | Arjo van der Knaap     | 71 | Zwolle          | 46:17 | 46:08 |
| 106 | Edwin Kampman          | 63 | Heino           | 46:18 | 46:04 |
| 107 | Marco Eerkes           | 87 | De Bilt         | 46:20 | 46:12 |
| 108 | Wilbert van de Weg     | 78 | Oosterwolde Gld | 46:20 | 46:07 |
| 109 | André Barneveld        | 68 | Zwolle          | 46:21 | 45:18 |
| 110 | Koen Ramaker           | 63 | Zwolle          | 46:28 | 46:08 |
| 111 | Rutger Blankvoort      | 78 | Zwolle          | 46:29 | 45:42 |
| 112 | Jan Reuvekamp          | 63 | Zwolle          | 46:32 | 46:24 |
| 113 | Martijn Beltman        | 84 | Zwolle          | 46:36 | 46:06 |
| 114 | Jeroen Driehuis        | 86 | De Waal         | 46:37 | 46:09 |

|     |                        |    |                 |       |       |
|-----|------------------------|----|-----------------|-------|-------|
| 115 | Jacob Vonder           | 59 | Ommen           | 46:38 | 46:30 |
| 116 | Hans Bloks             | 57 | Zwolle          | 46:41 | 46:19 |
| 117 | Remco Smits            | 68 | Zwolle          | 46:41 | 46:35 |
| 118 | Marcel van Assen       | 75 | Zwolle          | 46:43 | 46:36 |
| 119 | Henri van 't Hof       | 80 | Oosterwolde Gld | 46:43 | 45:58 |
| 120 | Gerard Top             | 82 | Zwolle          | 46:44 | 46:32 |
| 121 | Martin de Boer         | 72 | Zwolle          | 46:51 | 46:21 |
| 122 | Bas Koekoek            | 54 | Zwolle          | 46:52 | 45:42 |
| 123 | André van der Beek     | 79 | Zwolle          | 46:57 | 46:40 |
| 124 | Menno Peterson         | 69 | Meppel          | 46:58 | 46:39 |
| 125 | Francois van Langeveld | 68 | Zwolle          | 47:04 | 46:59 |
| 126 | Gerard Bril            | 75 | Zwolle          | 47:06 | 46:56 |
| 127 | Jurrie Hersevoort      | 62 | Zwolle          | 47:06 | 46:50 |
| 128 | Rob Olthof             | 55 | Zwolle          | 47:07 | 46:45 |
| 129 | Bram Fieten            | 82 | Utrecht         | 47:08 | 46:38 |
| 130 | JW van den Arend       | 69 | Zwolle          | 47:12 | 47:00 |
| 131 | Jur Zandbergen         | 54 | Zwolle          | 47:14 | 46:47 |
| 132 | Henk Ruigrok           | 60 | Zwolle          | 47:16 | 46:50 |
| 133 | Hanno Tjeerds          | 56 | Zwolle          | 47:19 | 47:10 |
| 134 | Willem Aalberts        | 78 | Zwolle          | 47:20 | 46:28 |
| 135 | Theo Beltman           | 60 | Zwolle          | 47:20 | 46:43 |
| 136 | Wim Mossel             | 58 | Zwolle          | 47:22 | 47:16 |
| 137 | Jan Bakker             | 51 | Zwolle          | 47:23 | 46:44 |
| 138 | Rik Linssen            | 84 | Zwolle          | 47:28 | 46:48 |
| 139 | Marcel Wagtelenberg    | 65 | Heerde          | 47:28 | 47:18 |
| 140 | Robert Wezenberg       | 68 | Zwolle          | 47:28 | 47:14 |
| 141 | Simon Schoutsen        | 81 | Zwolle          | 47:28 | 47:20 |
| 142 | Arjen Bloemink         | 73 | Zwolle          | 47:29 | 47:09 |
| 143 | Jan_Jakop ter Bruggen  | 65 | Zwolle          | 47:30 | 46:45 |
| 144 | Ruud Bremmer           | 82 | Zwolle          | 47:35 | 47:08 |
| 145 | Richard Pазie          | 66 | Dalfsen         | 47:41 | 46:58 |
| 146 | Jan Beens              | 93 | Genemuiden      | 47:43 | 46:25 |
| 147 | Geert Christerus       | 54 | Dalfsen         | 47:43 | 47:09 |
| 148 | Roelof Rekker          | 61 | Zwolle          | 47:45 | 47:09 |
| 149 | Geert Woltjer          | 61 | Spier           | 47:46 | 47:45 |
| 150 | Geertjan Smits         | 57 | Zwolle          | 47:47 | 46:55 |
| 151 | Johny Zunnebeld        | 62 | Nieuwleusen     | 47:48 | 47:22 |
| 152 | Johan van der Molen    | 64 | Zwolle          | 47:52 | 47:28 |
| 153 | Jeroen Wever           | 83 | Zwolle          | 47:56 | 47:45 |
| 154 | Peter Fijn             | 75 | Hattem          | 47:58 | 47:49 |
| 155 | Jeffry van Dijk        |    | Zwolle          | 47:59 | 47:47 |
| 156 | Roelof Migchelsen      | 50 | Zwolle          | 47:59 | 47:52 |
| 157 | Mads Kroes             | 93 | Hattem          | 48:00 | 46:55 |
| 158 | Jan Stuiver            | 47 | Zwolle          | 48:01 | 47:56 |
| 159 | Onno Reehoorn          | 63 | Zwolle          | 48:07 | 47:51 |
| 160 | Guido Reinink          | 65 | Zwolle          | 48:10 | 47:39 |
| 161 | Paul Huis in't Veld    | 66 | Zwolle          | 48:11 | 47:47 |
| 162 | Peter Vogel            | 63 | Zwolle          | 48:11 | 47:57 |
| 163 | Joep Wolfkamp          | 70 | Zwolle          | 48:13 | 48:06 |
| 164 | Henk van Olst          | 67 | Hattem          | 48:19 | 48:07 |
| 165 | Ronald Kartosonto      | 59 | Zwolle          | 48:19 | 47:53 |
| 166 | Gerard van Huis        | 47 | Zwolle          | 48:22 | 48:03 |
| 167 | Vincent Kramer         | 67 | Zwolle          | 48:28 | 47:48 |
| 168 | Harmen Sluiter         | 87 | Zwolle          | 48:28 | 48:11 |
| 169 | Hugo Esveldt           | 60 | Zwolle          | 48:30 | 47:38 |
| 170 | Ed Lokhorst            | 67 | Zwolle          | 48:30 | 47:41 |
| 171 | Mark Lambers           | 76 | Zwolle          | 48:31 | 48:10 |
| 172 | Nico Eggens            | 60 | Zwolle          | 48:33 | 48:16 |

|     |                        |    |             |       |       |
|-----|------------------------|----|-------------|-------|-------|
| 173 | Niels Martens          | 82 | Zwolle      | 48:36 | 48:27 |
| 174 | Michel van Eeuwen      | 76 | Zwolle      | 48:36 | 48:29 |
| 175 | Harold Helweg          | 67 | Zwolle      | 48:40 | 48:30 |
| 176 | Jeroen Kok             | 81 | Zwolle      | 48:41 | 48:13 |
| 177 | Hans van Unen          | 57 | Zwolle      | 48:46 | 48:28 |
| 178 | Cor van Beesten        | 58 | Zwolle      | 48:46 | 47:39 |
| 179 | Silvester van der Lind | 73 | Zwolle      | 48:47 | 48:18 |
| 180 | Dick Jansen            | 58 | Zwolle      | 48:48 | 48:06 |
| 181 | Bas Ruesink            | 76 | Zwolle      | 48:49 | 47:55 |
| 182 | Jaap Schoonhoven       | 81 | Oldebroek   | 48:51 | 48:04 |
| 183 | Peter Poppe            | 62 | Zwolle      | 48:51 | 48:28 |
| 184 | Rudi Mijnheer          | 66 | Rouveen     | 48:53 | 47:59 |
| 185 | Eddy Veenstra          |    | Zwolle      | 48:55 | 48:14 |
| 186 | Peter Dellen           | 60 | Zwolle      | 48:59 | 48:33 |
| 187 | Be Krull               | 53 | Nieuwleusen | 48:59 | 48:34 |
| 188 | Pascal Remmerts        | 76 | Heerde      | 49:01 | 48:41 |
| 189 | Arjan Dekker           | 72 | Zwolle      | 49:04 | 47:39 |
| 190 | Adri Kroes             | 65 | Zwolle      | 49:06 | 48:04 |
| 191 | Harry de Weerd         | 55 | Zwolle      | 49:08 | 48:43 |
| 192 | Jacob Koedoot          | 68 | Zwolle      | 49:08 | 48:38 |
| 193 | Henk van Marle         | 63 | Dalfsen     | 49:09 | 48:53 |
| 194 | Kees den Hamer         | 53 | Zwolle      | 49:10 | 48:57 |
| 195 | Frits Lautenbag        | 48 | Hatterm     | 49:11 | 48:48 |
| 196 | Johnny Hekman          | 54 | Zwolle      | 49:15 | 48:47 |
| 197 | Niek Joxhorst          | 88 | Zwolle      | 49:16 | 48:45 |
| 198 | Patrick Holterman      | 74 | Zwolle      | 49:17 | 48:40 |
| 199 | Ad Slotboom            | 74 | Zwolle      | 49:19 | 49:10 |
| 200 | Alex van Rheenen       | 58 | Zwolle      | 49:22 | 49:10 |
| 201 | Robert te Raa          | 62 | Zwolle      | 49:25 | 48:27 |
| 202 | Wouter Beverdam        | 68 | Zwolle      | 49:25 | 47:45 |
| 203 | Gert Tol               | 63 | Hasselt     | 49:26 | 49:02 |
| 204 | Ron van Eck            | 66 | Zwolle      | 49:26 | 49:14 |
| 205 | Gerben van Beek        | 65 | Zwolle      | 49:28 | 48:59 |
| 206 | Jan van der Vegte      | 58 | Zwolle      | 49:28 | 49:12 |
| 207 | Henk Kruidhof          | 61 | Rouveen     | 49:28 | 48:14 |
| 208 | Bert Brugman           | 65 | Zwolle      | 49:28 | 49:00 |
| 209 | Andre Plattel          | 65 | Zwolle      | 49:29 | 49:05 |
| 210 | Herwin Hanekamp        | 74 | Zwolle      | 49:33 | 48:52 |
| 211 | Dirk Molenhuis         | 62 | Zwolle      | 49:35 | 49:18 |
| 212 | Sander Bos             | 64 | Oosterbeek  | 49:38 | 48:54 |
| 213 | Jonathan Tromp         | 86 | Zwolle      | 49:38 | 48:57 |
| 214 | Marcel Vos             | 71 | Epe         | 49:39 | 49:23 |
| 215 | Erik van Limbeek       | 64 | Zwolle      | 49:41 | 49:19 |
| 216 | Hans Schuite           | 52 | Zwolle      | 49:42 | 49:21 |
| 217 | Gerrit Schuurman       | 56 | Dalfsen     | 49:43 | 48:39 |
| 218 | Remko Schaapman        | 77 | Zwolle      | 49:45 | 48:54 |
| 219 | Jos Eikenaar           | 73 | Zwolle      | 49:45 | 49:39 |
| 220 | Dinant van Kampen      | 68 | Zwolle      | 49:47 | 48:07 |
| 221 | Pieter Wieten          | 66 | Zwolle      | 49:47 | 49:13 |
| 222 | Jeroen Reuvekamp       | 85 | Zwolle      | 49:50 | 48:58 |
| 223 | Marcel Wierstra        | 69 | Zwolle      | 49:52 | 49:38 |
| 224 | Pieter Doornbos        | 69 | Zwolle      | 49:52 | 49:39 |
| 225 | Johnny van Aefst       | 69 | Zwolle      | 49:53 | 49:31 |
| 226 | Eric Lieben            | 58 | Zwolle      | 49:54 | 49:24 |
| 227 | Gerrit Jan Beens       | 70 | Genemuiden  | 49:55 | 49:25 |
| 228 | Frank Euwema           | 66 | Zwolle      | 49:56 | 48:57 |
| 229 | Jan Fransen            | 43 | Hasselt     | 49:59 | 48:45 |
| 230 | Mark Lockley           | 69 | Zwolle      | 50:03 | 49:02 |

|     |                       |    |             |       |       |
|-----|-----------------------|----|-------------|-------|-------|
| 231 | Gerrit Teunis         |    | Zwolle      | 50:04 | 49:08 |
| 232 | Ake Sikkema           | 61 | Zwolle      | 50:06 | 49:40 |
| 233 | Martin van der Spek   | 64 | Zwolle      | 50:07 | 49:03 |
| 234 | Alex van de Gronde    | 95 | Zwolle      | 50:08 | 49:36 |
| 235 | Onne van Loon         | 71 | Zwolle      | 50:09 | 49:36 |
| 236 | Erwin van der Linde   | 70 | Zwolle      | 50:10 | 49:36 |
| 237 | Stephan Groen         | 66 | Zwolle      | 50:10 | 49:59 |
| 238 | Ton Jager             | 76 | Zwolle      | 50:10 | 49:33 |
| 239 | Wim Derks             | 61 | Zwolle      | 50:11 | 49:53 |
| 240 | Everhard van den Hoek | 68 | Zwolle      | 50:13 | 48:45 |
| 241 | Gerard Nijmeijer      | 66 | Zwolle      | 50:14 | 49:37 |
| 242 | Jan Kerssies          | 65 | Zwolle      | 50:14 | 49:57 |
| 243 | Bennie van der Linde  | 71 | Zwolle      | 50:17 | 49:07 |
| 244 | Gerrit van den Berg   | 63 | Zwolle      | 50:18 | 49:02 |
| 245 | Robin Agteres         | 74 | Dalfsen     | 50:19 | 49:11 |
| 246 | John Snakenburg       | 65 | Zwolle      | 50:21 | 49:31 |
| 247 | Gijs van der Zee      | 76 | Eelderwolde | 50:24 | 49:27 |
| 248 | Erik Blom             | 70 | Zwolle      | 50:25 | 50:08 |
| 249 | Pieter Steendam       | 68 | Zwolle      | 50:28 | 49:54 |
| 250 | Arjen Brillman        | 60 | Zwolle      | 50:29 | 50:07 |
| 251 | Berend_Jan Engels     | 59 | Zwolle      | 50:31 | 50:09 |
| 252 | Melle Mulder          | 81 | Zwolle      | 50:32 | 49:41 |
| 253 | Jacco Vonhof          | 69 | Zwolle      | 50:36 | 50:23 |
| 254 | Hans van Dorp         | 44 | Elburg      | 50:40 | 49:12 |
| 255 | Johan Tromp           | 80 | Zwolle      | 50:42 | 49:22 |
| 256 | Remco Hendriks        | 68 | Zwolle      | 50:43 | 50:29 |
| 257 | Lars Toebes           | 87 | Hattem      | 50:46 | 50:28 |
| 258 | Bert Schiphorst       | 62 | Zwolle      | 50:46 | 49:56 |
| 259 | Albert van der Kolk   | 54 | Zwolle      | 50:50 | 50:14 |
| 260 | Jules Spaanjaars      | 66 | Zwolle      | 50:51 | 50:05 |
| 261 | Rene van den Berg     | 82 | Zwolle      | 50:52 | 50:22 |
| 262 | Jan Smit              | 53 | Zwolle      | 50:53 | 50:27 |
| 263 | Melchior Broek        | 65 | Zwolle      | 50:53 | 50:28 |
| 264 | Gerben Sloterdijk     | 62 | Zwolle      | 50:57 | 49:47 |
| 265 | Wim Brink             | 64 | Zwolle      | 50:58 | 50:18 |
| 266 | Frank Begemann        | 66 | Zwolle      | 50:58 | 50:19 |
| 267 | Willem Smit           | 54 | Zwolle      | 50:59 | 50:06 |
| 268 | Martin Zuidberg       | 60 | Zwolle      | 51:01 | 50:34 |
| 269 | Ronald Zwarts         | 82 | Zwolle      | 51:03 | 49:38 |
| 270 | Joost Eggink          | 79 | Zwolle      | 51:03 | 50:53 |
| 271 | Menno Volkerink       | 82 | Zwolle      | 51:03 | 49:40 |
| 272 | Berry Jansen          | 73 | Zwolle      | 51:04 | 49:59 |
| 273 | Gerke Brouwer         | 61 | Leek        | 51:05 | 51:04 |
| 274 | Marcel Stoel          | 64 | Zwolle      | 51:05 | 50:14 |
| 275 | Angelo Egbertzen      | 63 | Dalfsen     | 51:06 | 50:52 |
| 276 | Vivian E Hoving       | 96 | Zwolle      | 51:10 | 49:25 |
| 277 | Ben te Wierik         | 64 | Raalte      | 51:12 | 50:53 |
| 278 | Hans Vulkers          | 60 | Zwolle      | 51:13 | 50:54 |
| 279 | Arjen Brouwer         | 74 | Zwolle      | 51:16 | 50:48 |
| 280 | Rob Steeghs           | 65 | Zwolle      | 51:19 | 50:09 |
| 281 | Albert Aalberts       | 72 | Zwolle      | 51:20 | 49:54 |
| 282 | Luuk van den Belt     | 90 | Zwolle      | 51:20 | 51:03 |
| 283 | Hilbert van der Zwaag | 44 | Zwolle      | 51:21 | 50:53 |
| 284 | Ruben van Kesteren    | 83 | Zwolle      | 51:22 | 50:51 |
| 285 | Gert Huisman          | 63 | Zwolle      | 51:24 | 51:03 |
| 286 | Eric Zwiers           | 69 | Zwolle      | 51:26 | 50:12 |
| 287 | Eric Lassche          | 62 | Vollenhove  | 51:27 | 50:56 |
| 288 | Henk Kouwen           | 66 | Nieuwleusen | 51:28 | 50:26 |

|     |                       |    |              |       |       |
|-----|-----------------------|----|--------------|-------|-------|
| 289 | Jan Smit              |    | Zwolle       | 51:29 | 50:51 |
| 290 | Anton Erich           | 65 | Dalfsen      | 51:32 | 50:51 |
| 291 | Gerard Wieten         | 59 | Dronten      | 51:33 | 50:22 |
| 292 | Renato Koetsier       | 65 | Zwolle       | 51:36 | 51:13 |
| 293 | Onno Knaack           | 54 | Zwolle       | 51:36 | 51:05 |
| 294 | Gert Winkelaar        | 60 | Zwolle       | 51:37 | 51:13 |
| 295 | Arjan Kruijse         | 67 | Zwolle       | 51:44 | 51:10 |
| 296 | Martijn Meijer        | 76 | Zwolle       | 51:45 | 50:35 |
| 297 | Wim Mager             | 67 | Zwolle       | 51:46 | 51:21 |
| 298 | Michel Koman          | 76 | Zwolle       | 51:47 | 50:23 |
| 299 | Roelf Sikkema         | 58 | Zwolle       | 51:48 | 51:25 |
| 300 | Herman Zwakenberg     | 53 | Zwolle       | 51:48 | 50:57 |
| 301 | Alex van Riele        | 58 | Zwolle       | 51:50 | 51:24 |
| 302 | Alwin Snippe          | 87 | Zwolle       | 51:51 | 51:32 |
| 303 | Arend Ketelaar        | 62 | Smilde       | 51:52 | 51:43 |
| 304 | Cor van Gasteren      | 47 | Heino        | 51:54 | 50:47 |
| 305 | Wiljo J Hoving        | 94 | Zwolle       | 51:55 | 50:10 |
| 306 | Maarten van Garderen  | 82 | Zwolle       | 51:59 | 51:32 |
| 307 | Frans Wortelboer      | 55 | Zwolle       | 52:01 | 51:34 |
| 308 | Michel Bakker         | 72 | Zwolle       | 52:04 | 50:41 |
| 309 | Robert Langenkamp     | 70 | Zwolle       | 52:05 | 51:41 |
| 310 | Gert Bartels          | 69 | Zwolle       | 52:06 | 51:01 |
| 311 | R van Leerzem         | 71 | Zwolle       | 52:06 | 51:01 |
| 312 | John Jansen           | 61 | Zwolle       | 52:08 | 51:53 |
| 313 | Fred van de Gronde    | 54 | Zwolle       | 52:09 | 51:36 |
| 314 | Eddy Schakelaar       | 63 | Zwolle       | 52:10 | 51:16 |
| 315 | Ernst Jan Kruijze     | 69 | Zwolle       | 52:13 | 51:45 |
| 316 | Jan Kooistra          | 49 | Zwolle       | 52:13 | 51:53 |
| 317 | Jan Hornstra          | 64 | Zwolle       | 52:26 | 51:23 |
| 318 | Arie Folkers          | 50 | Zwolle       | 52:28 | 51:37 |
| 319 | Gerald Riedstra       | 73 | Zwolle       | 52:33 | 52:14 |
| 320 | Bart Mulder           | 66 | Zwolle       | 52:34 | 52:00 |
| 321 | Nico de Winter        | 64 | Zwolle       | 52:35 | 52:10 |
| 322 | Eric Wansing          | 64 | Zwolle       | 52:41 | 51:51 |
| 323 | Jan Willem ten Winkel | 67 | Zwolle       | 52:45 | 52:11 |
| 324 | Joran Aitink          | 94 | Zwolle       | 52:56 | 51:45 |
| 325 | Roel van Rheenen      | 51 | Rolde        | 52:56 | 52:44 |
| 326 | Martin Pasman         | 62 | Zwolle       | 52:59 | 52:38 |
| 327 | Henk Reuvekamp        | 48 | Heino        | 52:59 | 52:27 |
| 328 | Ronald Bulthuis       | 71 | Kampen       | 53:05 | 51:43 |
| 329 | Ton Benschop          | 57 | Zwolle       | 53:05 | 52:37 |
| 330 | Jan Tiemen van't Ende | 64 | Zwolle       | 53:07 | 52:39 |
| 331 | Jan Rutgers           | 54 | Zwolle       | 53:07 | 52:30 |
| 332 | Tonny Holleboom       | 53 | Broekland Ov | 53:08 | 51:50 |
| 333 | Mike Kleinlugtebeld   | 70 | Zwolle       | 53:12 | 52:17 |
| 334 | Gerben Eshuis         | 82 | Zwolle       | 53:16 | 51:31 |
| 335 | Wim Koetsier          | 57 | Zwolle       | 53:18 | 52:26 |
| 336 | Jos Aitink            | 60 | Zwolle       | 53:20 | 52:09 |
| 337 | Ton Kiffers           | 63 | Zwolle       | 53:21 | 52:32 |
| 338 | Paul Bink             | 72 | Zwolle       | 53:22 | 53:07 |
| 339 | Jan Mulder            | 50 | Zwolle       | 53:22 | 52:50 |
| 340 | Wim van der Kolk      | 69 | Zwolle       | 53:24 | 52:25 |
| 341 | Jaap Bos              | 53 | Zwolle       | 53:26 | 52:58 |
| 342 | Alexander Hindriks    | 73 | Zwolle       | 53:29 | 52:20 |
| 343 | Hans Bruggeman        | 53 | Zwolle       | 53:30 | 52:44 |
| 344 | Otto Offereins        | 68 | Zwolle       | 53:32 | 52:20 |
| 345 | Martin Feddes         | 83 | Zwolle       | 53:38 | 53:13 |
| 346 | Claus Stiekema        | 62 | Zwolle       | 53:38 | 52:50 |

|     |                       |    |             |       |         |
|-----|-----------------------|----|-------------|-------|---------|
| 347 | Simon Harmens         | 80 | Zwolle      | 53:39 | 52:19   |
| 348 | Bram Winkelaar        | 94 | Zwolle      | 53:39 | 51:56   |
| 349 | Bas Anneveldt         | 64 | Zwolle      | 53:40 | 52:36   |
| 350 | Martijn Loedeman      | 70 | Zwolle      | 53:42 | 52:11   |
| 351 | Roland van Dalen      | 60 | Zwolle      | 53:44 | 53:02   |
| 352 | Raymond Donker        | 71 | Zwolle      | 53:47 | 53:00   |
| 353 | Hayo Timmer           | 67 | Zutphen     | 53:48 | 52:51   |
| 354 | John van der Kolk     | 79 | Zwolle      | 53:50 | 52:29   |
| 355 | Wilco Leurink         | 64 | Zwolle      | 53:52 | 53:11   |
| 356 | Wilco Blok            | 81 | Zwolle      | 53:52 | 52:29   |
| 357 | Klaas Arkema          | 65 | Hasselt     | 53:52 | 52:36   |
| 358 | Rob Kolman            | 61 | Zwolle      | 53:53 | 53:21   |
| 359 | Marko Botter          | 64 | Zwolle      | 54:03 | 52:49   |
| 360 | Arjan van der Vis     | 71 | Zwolle      | 54:04 | 52:58   |
| 361 | Herman de Jager       | 41 | Zwolle      | 54:06 | 53:23   |
| 362 | Hessel de Jong        | 81 | Zwolle      | 54:06 | 53:05   |
| 363 | Jan Kok               | 59 | Zwolle      | 54:08 | 53:20   |
| 364 | Peter van Koullil     | 54 | Zwolle      | 54:12 | 53:37   |
| 365 | Rudy Vermeulen        | 52 | Zwolle      | 54:14 | 52:44   |
| 366 | Leon Hangx            | 64 | Zwolle      | 54:28 | 53:31   |
| 367 | Hein Beltman          | 54 | Zwolle      | 54:30 | 53:45   |
| 368 | Marcel Borst          | 68 | Zwolle      | 54:34 | 53:32   |
| 369 | Peter van de Poll     | 53 | Zwolle      | 54:34 | 54:22   |
| 370 | Harry Zijlstra        | 56 | Zwolle      | 54:35 | 54:29   |
| 371 | Henk Mulder           | 58 | Zwolle      | 54:40 | 53:58   |
| 372 | Nico Wijermars        | 57 | Zwolle      | 54:47 | 54:32   |
| 373 | Harry Hollegien       | 59 | Emmeloord   | 54:48 | 54:29   |
| 374 | Remco Poppen          | 77 | Zwolle      | 54:49 | 54:12   |
| 375 | Martin Terpstra       | 61 | Zwolle      | 54:50 | 54:09   |
| 376 | Gert Poetsma          | 65 | Hasselt     | 54:52 | 53:35   |
| 377 | Koen de Roo           | 77 | Zwolle      | 54:54 | 53:45   |
| 378 | Erik Dijk             | 68 | Zwolle      | 54:55 | 53:43   |
| 379 | Norbert Pieterse      | 71 | Zwolle      | 54:56 | 54:21   |
| 380 | Richard Jansman       | 69 | Zwolle      | 54:56 | 54:46   |
| 381 | Erik Vrieling         | 65 | Zwolle      | 54:57 | 53:47   |
| 382 | Jeroen Tuin           | 83 | Zwolle      | 54:57 | 54:13   |
| 383 | Paul Groenink         | 75 | Zwolle      | 55:06 | 54:26   |
| 384 | Pierre Blommers       | 61 | Zwolle      | 55:07 | 54:30   |
| 385 | Paul Hutten           | 69 | Zwolle      | 55:09 | 54:29   |
| 386 | Henk van Dijk         | 61 | Zwolle      | 55:15 | 54:48   |
| 387 | Martin Lanenga        | 61 | Zwolle      | 55:17 | 54:55   |
| 388 | Marco Meester         | 69 | Elburg      | 55:30 | 55:15   |
| 389 | Henk jan van der Veer | 72 | Zwolle      | 55:33 | 54:55   |
| 390 | Berend van Gelder     | 63 | Staphorst   | 55:34 | 54:22   |
| 391 | Rene Bosch            | 74 | Swifterbant | 55:34 | 55:17   |
| 392 | Bennie Kok            | 68 | Zwolle      | 55:34 | 55:04   |
| 393 | Arend Pullen          | 61 | Hasselt     | 55:35 | 54:21   |
| 394 | Harjan van Duren      | 69 | Zwolle      | 55:42 | 54:55   |
| 395 | Jan van Lohuizen      | 64 | Zwolle      | 55:42 | 54:38   |
| 396 | Albert Niemeijer      | 64 | Zwolle      | 55:43 | 54:31   |
| 397 | Bouwe B Idzenga       | 47 | Zwolle      | 55:48 | 54:54   |
| 398 | Martijn Couprie       | 82 | Groningen   | 55:51 | 54:50   |
| 399 | Gerjan Roepers        | 72 | Zwolle      | 55:53 | 54:38   |
| 400 | Joop Nieuwland        | 51 | Wezep       | 55:54 | 1:25:44 |
| 401 | Johan Nieuwland       | 54 | Zwolle      | 55:54 |         |
| 402 | Peter paul Delnoy     | 63 | Zwolle      | 55:57 | 54:53   |
| 403 | Aldert Kragt          | 50 | Zwolle      | 55:58 | 55:12   |
| 404 | Bert van Roekel       | 64 | Zwolle      | 56:01 | 55:54   |

|     |                       |    |                 |       |       |
|-----|-----------------------|----|-----------------|-------|-------|
| 405 | Roel Winters          | 71 | Zwolle          | 56:04 | 54:55 |
| 406 | Paul van der Moolen   | 66 | Zwolle          | 56:07 | 55:12 |
| 407 | Tonny van der Ploeg   | 62 | Zwolle          | 56:09 | 55:15 |
| 408 | Frank Maurits         | 63 | Zwolle          | 56:10 | 55:46 |
| 409 | Bert van Wifferen     | 51 | Heino           | 56:15 | 55:20 |
| 410 | Wim van Holst         | 38 | Heerde          | 56:18 | 55:56 |
| 411 | Gerjan Schreurs       | 76 | Oosterwolde Gld | 56:19 | 55:31 |
| 412 | Gerrit Evink          | 76 | Oosterwolde Gld | 56:19 | 55:33 |
| 413 | Jan de Vries          | 65 | Meppel          | 56:24 | 55:59 |
| 414 | Dick Hendriksen       | 52 | Zwolle          | 56:25 | 55:44 |
| 415 | Erik Swienink         | 60 | Zwolle          | 56:28 | 55:47 |
| 416 | Fred Hekkenberg       | 55 | Zwolle          | 56:30 | 55:46 |
| 417 | Paul Schraa           | 65 | Zwolle          | 56:33 | 55:16 |
| 418 | Herman Westemeijer    | 42 | Zwolle          | 56:33 | 55:59 |
| 419 | Laurens Bouwmeester   | 81 | Amsterdam       | 56:34 | 55:05 |
| 420 | Erik Jan van de Vis   | 80 | Zwolle          | 56:37 | 55:43 |
| 421 | Gerard van der Kolk   | 61 | Zwolle          | 56:38 | 55:02 |
| 422 | Sander te Dorsthorst  | 73 | Zwolle          | 56:40 | 55:16 |
| 423 | Joost Mulder          | 79 | Zwolle          | 56:41 | 55:55 |
| 424 | Theo Peeters          | 48 | Zwolle          | 56:43 | 55:52 |
| 425 | Jan Aberson           | 55 | Zwolle          | 56:43 | 55:46 |
| 426 | Eltjo Overweg         | 79 | Zwolle          | 56:44 | 56:21 |
| 427 | Wouter Couprie        | 53 | Zwolle          | 56:44 | 56:21 |
| 428 | Han Vrijmoed          | 65 | Zwolle          | 56:51 | 56:24 |
| 429 | Ferdi de Groot        | 82 | Zwolle          | 56:58 | 56:13 |
| 430 | Wilco Klaassen        | 64 | Zwolle          | 56:59 | 55:50 |
| 431 | Willem Vroom          | 57 | Nieuwleusen     | 57:04 | 56:13 |
| 432 | Jan Fennema           | 60 | Zwolle          | 57:05 | 56:19 |
| 433 | Wim J van den Noort   | 49 | Zwolle          | 57:16 | 57:00 |
| 434 | Gert de Jong          | 50 | Zwolle          | 57:18 | 55:51 |
| 435 | Hans van Veluwen      | 71 | Zwolle          | 57:21 | 56:47 |
| 436 | Dirk_Willem Hiemstra  | 68 | Meppel          | 57:23 | 56:02 |
| 437 | Erik van Wijhe        | 80 | Oosterwolde Gld | 57:27 | 56:38 |
| 438 | Alfred Dijkslag       | 64 | Dalfsen         | 57:32 | 56:07 |
| 439 | Joost Hesseling       | 58 | Zwolle          | 57:41 | 56:44 |
| 440 | Frans Teunissen       | 48 | Zwolle          | 57:43 | 57:35 |
| 441 | Arjan Duijn           | 65 | Zwolle          | 57:51 | 57:07 |
| 442 | Wijnand Richter       | 31 | Zwolle          | 57:52 | 57:46 |
| 443 | Mark Winkelaar        | 89 | Zwolle          | 58:00 | 56:28 |
| 444 | Michel Michon         | 69 | Delfgauw        | 58:15 | 57:17 |
| 445 | Ale Maring            | 52 | Zwolle          | 58:18 | 57:14 |
| 446 | Henkjan Ruijbroek     | 68 | Zwolle          | 58:23 | 57:08 |
| 447 | Roelof E Hoving       | 64 | Zwolle          | 58:41 | 56:58 |
| 448 | Henk Krukkert         | 52 | Zwolle          | 58:49 | 58:10 |
| 449 | Henk Oosterbroek      | 64 | Zwolle          | 58:55 | 58:22 |
| 450 | Martin Blanke         | 58 | Heino           | 58:56 | 57:23 |
| 451 | Toon Pronk            | 58 | Heino           | 58:57 | 57:24 |
| 452 | Freddy Aalbers        | 77 | Zwolle          | 59:01 | 57:55 |
| 453 | Berry Kragt           | 60 | Zwolle          | 59:09 | 57:51 |
| 454 | Maarten Holtkamp      | 74 | Zwolle          | 59:12 | 57:43 |
| 455 | Jasper Baard          | 75 | Hattem          | 59:13 | 57:35 |
| 456 | Bert Broekman         | 61 | Zwolle          | 59:18 | 58:05 |
| 457 | John Faber            | 57 | Epe             | 59:26 | 58:42 |
| 458 | Erik Bakker           | 71 | Zwolle          | 59:29 | 58:23 |
| 459 | Marcel Oplaat         | 70 | Zwolle          | 59:30 | 58:44 |
| 460 | Werner Korblet        | 78 | Zwolle          | 59:42 | 58:00 |
| 461 | Jan Bernhard Dijkstra | 76 | Zwolle          | 59:42 | 58:19 |
| 462 | Gerrit Mulder         | 43 | Zwolle          | 59:52 | 58:48 |

|     |                        |    |             |         |         |
|-----|------------------------|----|-------------|---------|---------|
| 463 | Henri Feijen           | 67 | Dalfsen     | 59:53   | 59:37   |
| 464 | Leo Oldegbers          | 59 | Dalfsen     | 1:00:00 | 58:36   |
| 465 | Gerrit Bloemink        | 47 | Leusden     | 1:00:01 | 59:02   |
| 466 | Jos van Leussen        | 73 | Zwolle      | 1:00:01 | 58:33   |
| 467 | Hans van Winsum        | 65 | Zwolle      | 1:00:02 | 58:28   |
| 468 | Alfred Schuman         | 63 | Zwolle      | 1:00:04 | 59:26   |
| 469 | Marco ter Bruggen      | 64 | Raalte      | 1:00:31 | 59:59   |
| 470 | Martin Reins           | 70 | Zwolle      | 1:00:34 | 59:51   |
| 471 | Jan-Mark Kuilder       | 69 | Hardenberg  | 1:00:47 | 59:29   |
| 472 | Rudy Nieuwenhuijs      | 57 | Zwolle      | 1:00:50 | 1:00:09 |
| 473 | Andre Eikenaar         | 64 | Zwolle      | 1:00:54 | 1:00:28 |
| 474 | Jolle Hoogland         | 59 | Zwolle      | 1:01:04 | 1:00:39 |
| 475 | Rob van Nieuw Ameronge | 64 | Zwolle      | 1:01:10 | 1:00:14 |
| 476 | Edwin van Hoorn        | 69 | Hattem      | 1:01:13 | 59:49   |
| 477 | Frans Kerkum           | 51 | Zwolle      | 1:01:25 | 1:00:40 |
| 478 | Jos Kleinlangevelsloo  | 56 | Heino       | 1:01:28 | 1:00:00 |
| 479 | Hennie Stoel           | 54 | Zwolle      | 1:01:30 | 1:00:26 |
| 480 | Jan Vulkers            | 62 | Zwolle      | 1:01:45 | 1:00:38 |
| 481 | Frank Voorderhake de K | 65 | Ommen       | 1:02:01 | 1:00:24 |
| 482 | Johan Boersma          | 70 | Zwolle      | 1:02:05 | 1:01:07 |
| 483 | Gert Timmermans        | 61 | Hasselt     | 1:02:05 | 1:00:50 |
| 484 | Martin Bruggeman       | 69 | Zwolle      | 1:02:08 | 1:01:30 |
| 485 | René Sluiter           | 65 | Zwolle      | 1:02:18 | 1:01:10 |
| 486 | Wim Beltman            | 55 | Dalfsen     | 1:02:22 | 1:01:44 |
| 487 | Antoon van den Berg    | 53 | Zwolle      | 1:02:31 | 1:01:00 |
| 488 | Elmer Stamhuis         | 85 | Zwolle      | 1:03:01 | 1:02:31 |
| 489 | Jan Albert Koetsier    | 46 | Holten      | 1:03:11 | 1:02:11 |
| 490 | Dick Aaldenberg        | 80 | Zwolle      | 1:03:15 | 1:02:59 |
| 491 | Kees Timmerman         | 71 | Den Ham Ov  | 1:03:27 | 1:02:19 |
| 492 | Wouter Vos             | 69 | Zwolle      | 1:03:55 | 1:02:44 |
| 493 | Wouter Beijer          | 73 | Zwolle      | 1:04:27 | 1:03:12 |
| 494 | Daan Föster            | 64 | Zwolle      | 1:04:52 | 1:03:44 |
| 495 | Jan Bouwmeester        | 50 | Zwolle      | 1:05:07 | 1:03:38 |
| 496 | Rein Tuininga          | 61 | Zwolle      | 1:05:25 | 1:03:51 |
| 497 | Antonio Lange          | 64 | Zwolle      | 1:05:54 | 1:04:45 |
| 498 | Anjo Kroontje          | 53 | Franeker    | 1:06:44 | 1:05:39 |
| 499 | Arie Goud              | 56 | Zwolle      | 1:07:22 | 1:06:03 |
| 500 | Roy Kok                | 68 | Zwolle      | 1:07:48 | 1:07:12 |
| 501 | Ronald Jansen          | 74 | Zwolle      | 1:08:27 | 1:06:48 |
| 502 | John Vullers           | 53 | Zwolle      | 1:13:21 | 1:13:10 |
| 503 | Roland Pool            | 58 | Zwolle      | 1:13:26 | 1:12:34 |
| 504 | Marco Bruintjes        | 72 | Zwolle      | 1:13:39 | 1:12:46 |
| 505 | John van de Geer       | 53 | Zwolle      | 1:14:15 | 1:12:55 |
| 506 | Rene Wissink           | 68 | Zwolle      | 1:23:31 | 1:23:18 |
| 507 | Justin de Ceuninck     | 95 | Zwolle      | 1:23:55 | 1:23:46 |
| 508 | Helko van Leusen       | 66 | Zwolle      | 1:24:30 | 1:24:24 |
| 509 | Leo Meelenhorst        | 64 | Hattem      | 1:24:49 | 1:24:35 |
| 510 | Gerrit van Erven       | 69 | Laag Zuthem | 1:25:02 | 1:24:45 |
| 511 | Herber Molemaker       | 64 | Zwolle      | 1:25:09 | 1:24:57 |
| 512 | Hielke van Loenhout    | 64 | Zwolle      | 1:25:16 | 1:25:06 |
| 513 | Patrick Boer           | 93 | Zwolle      | 1:26:49 | 1:25:31 |
| 514 | Corne Tamarinof        | 50 | Zwolle      | 1:26:57 | 1:25:36 |
| 515 | Joop Nieuwland         | 51 | Wezep       | 1:27:29 | 1:25:44 |
| 516 | Maurice Klasen         | 75 | Kampen      | 1:27:40 | 1:27:30 |
| 517 | Andries Vos            | 56 | Zwolle      | 1:28:10 | 1:27:34 |
| 518 | Eric Vos               | 66 | Zwolle      | 1:29:08 | 1:28:58 |
| 519 | Frenk Verburgt         | 60 | Zwolle      | 1:29:11 | 1:28:16 |
| 520 | Harry Bartelds         | 64 | Zwolle      | 1:29:14 | 1:28:52 |

|     |                  |    |           |         |         |
|-----|------------------|----|-----------|---------|---------|
| 521 | Vincent Oldenhof | 56 | Zwolle    | 1:29:30 | 1:28:45 |
| 522 | Henk Eilander    | 62 | Zwolle    | 1:30:46 | 1:29:41 |
| 523 | Appie Bulder     | 67 | Zwolle    | 1:30:56 | 1:30:17 |
| 524 | Peter Farret     | 59 | Annen     | 1:31:12 | 1:30:30 |
| 525 | Robert Reusink   | 69 | Nederland | 1:31:13 | 1:30:30 |

### VRE10, 10 KM RECREATIE

| Plts | Naam                   | GJ | Woonplaats/Vereniging | Bruto | Netto |
|------|------------------------|----|-----------------------|-------|-------|
| 1    | Hetty Vermeulen        | 67 | Zwolle                | 43:26 | 43:19 |
| 2    | Anneke Schutte         | 66 | Zwolle                | 44:04 | 43:40 |
| 3    | Henriët Koornberg      | 78 | Zwolle                | 44:37 | 44:32 |
| 4    | Jessica Bronkhorst     | 84 | Enschede              | 44:57 | 44:47 |
| 5    | Henny Brouwer          | 63 | Annen                 | 45:32 | 45:26 |
| 6    | Mirella Makkinga       | 76 | Nieuwleusen           | 46:12 | 45:48 |
| 7    | Klein Nagelvoort       | 86 | Zwolle                | 46:47 | 46:45 |
| 8    | Marianne Willems       | 59 | Zwolle                | 47:15 | 45:59 |
| 9    | Angeli Poppe           | 69 | Zwolle                | 47:20 | 46:38 |
| 10   | Harriëtte Lalkens      | 85 | Zwolle                | 47:27 | 46:43 |
| 11   | Erica Buren            | 80 | Zwolle                | 47:44 | 47:31 |
| 12   | Jorien Kuijk           | 82 | Zwolle                | 48:02 | 47:26 |
| 13   | Anne-Marie Wubbolt     | 71 | Zwolle                | 48:20 | 48:15 |
| 14   | Durkje Bouma           | 55 | Zwolle                | 48:21 | 47:31 |
| 15   | Jolita Bekhof          | 71 | Zwolle                | 48:26 | 48:08 |
| 16   | Hilda Paarhuis         | 65 | Rouveen               | 48:32 | 47:18 |
| 17   | Wietske Strikkers      | 62 | Havelte               | 48:42 | 48:39 |
| 18   | Eva Kouw               | 80 | Zwolle                | 49:05 | 48:30 |
| 19   | Fleur Voerman          | 86 | Zwolle                | 49:22 | 49:01 |
| 20   | Berdien ten Napel      | 77 | Zwolle                | 49:27 | 48:00 |
| 21   | Henny Puttenstein      | 57 | Wezep                 | 49:34 | 49:24 |
| 22   | Patricia Seinen        | 70 | Zwolle                | 49:44 | 49:40 |
| 23   | Anja Esveldt           | 65 | Zwolle                | 49:52 | 49:02 |
| 24   | Femmie Tuin            | 54 | Hasselt               | 50:23 | 50:00 |
| 25   | Nina Slagt             | 87 | Zwolle                | 50:29 | 50:07 |
| 26   | Linda van Steen        | 87 | Zwolle                | 50:34 | 49:44 |
| 27   | Corita Boons           |    | Zwolle                | 50:48 | 49:57 |
| 28   | Jeanet Tienstra        | 72 | Wezep                 | 50:53 | 50:34 |
| 29   | Ellen Zandink          | 62 | Zwolle                | 50:55 | 50:36 |
| 30   | Eveliëne Luth          | 78 | Zwolle                | 51:06 | 49:47 |
| 31   | Rachel Snijder         | 86 | Hattem                | 51:36 | 51:23 |
| 32   | Ingrid Dekker          | 71 | Zwolle                | 52:05 | 51:54 |
| 33   | Anja Winkelaar         | 65 | Heino                 | 52:06 | 51:50 |
| 34   | Ria Voges              | 64 | Zwolle                | 52:14 | 51:47 |
| 35   | Engelien de Boer       | 59 | Zwolle                | 52:23 | 51:51 |
| 36   | Marloes Terhurne       | 74 | Zwolle                | 52:30 | 51:41 |
| 37   | Anneloes Maneschijn    | 87 | Zwolle                | 52:34 | 52:13 |
| 38   | Esmeralda Spek-Hovesta | 75 | Zwolle                | 52:44 | 52:08 |
| 39   | Tessa Luning           | 87 | Zwolle                | 52:48 | 51:59 |
| 40   | Sigrid Jansen          | 69 | Zwolle                | 52:50 | 51:58 |
| 41   | Henriette Toersche     | 70 | Vleuten               | 52:55 | 52:23 |
| 42   | Angélique van Doorn    | 67 | Zwartsluis            | 52:56 | 52:26 |
| 43   | Gemma Hutten           | 67 | Zwolle                | 52:57 | 52:26 |
| 44   | Marinka van Zwieten    | 62 | Zwolle                | 53:00 | 52:40 |
| 45   | Ester Kanis            | 82 | Zalk                  | 53:04 | 52:24 |
| 46   | Lidewij van den Berg   | 82 | Zwolle                | 53:12 | 52:24 |
| 47   | Marijke Jansen         | 59 | Zwolle                | 53:14 | 52:33 |
| 48   | Ellen van der Vegt     | 82 | Dalfsen               | 53:17 | 52:39 |
| 49   | Hilde Eijkelkamp       | 93 | Zwolle                | 53:18 | 52:05 |
| 50   | Ameike ten Wolde-Verpa | 75 | Zwolle                | 53:20 | 52:32 |

|     |                        |    |             |       |       |
|-----|------------------------|----|-------------|-------|-------|
| 51  | Sjalien Zieleman       | 64 | Zwolle      | 53:22 | 53:00 |
| 52  | Else Scheffer          | 80 | Harderwijk  | 53:31 | 53:17 |
| 53  | Annemieke van Nee      | 69 | Dalfsen     | 53:32 | 52:16 |
| 54  | Marianne Wildeman      | 71 | Zwolle      | 53:38 | 52:48 |
| 55  | Annemiek Bolks-Offerei | 61 | Hardenberg  | 53:44 | 52:33 |
| 56  | Jeannette Suyker-Hesse | 61 | Zwolle      | 53:51 | 52:42 |
| 57  | Annelies Schoonderbeek | 71 | Zwolle      | 54:10 | 52:58 |
| 58  | Nelly Reuvekamp        | 75 | Zwolle      | 54:12 | 53:45 |
| 59  | Kim Scholten           | 73 | Zwolle      | 54:15 | 53:26 |
| 60  | Tineke van der Gulik   | 80 | Zwolle      | 54:20 | 54:12 |
| 61  | Giny Garst             | 63 | Zwolle      | 54:20 | 53:09 |
| 62  | Audrey Bakker          | 78 | Zwolle      | 54:24 | 54:05 |
| 63  | Gerda Wissink          | 68 | Zwolle      | 54:27 | 54:10 |
| 64  | Heleen Bax             | 94 | Zwolle      | 54:42 | 54:19 |
| 65  | Wil Bouwhuis           | 51 | Zwolle      | 54:45 | 54:17 |
| 66  | Ina Inkelaar           | 71 | Zwolle      | 54:49 | 54:20 |
| 67  | Tettie van der Graaf   | 64 | Zwolle      | 55:00 | 54:13 |
| 68  | Coriene Snel           | 73 | Zwolle      | 55:09 | 54:07 |
| 69  | Karlijn Woolthuis      | 83 | Zwolle      | 55:20 | 54:52 |
| 70  | Chantal Huitema        | 70 | Zwolle      | 55:23 | 54:31 |
| 71  | Sanne Jongman          | 87 | Zwolle      | 55:29 | 54:49 |
| 72  | Judith van der Wijk    | 65 | Zwolle      | 55:32 | 54:58 |
| 73  | Fiona Kalkman          | 71 | Zwolle      | 55:38 | 54:34 |
| 74  | Marian Rauh            | 57 | Zwolle      | 55:40 | 55:04 |
| 75  | Anne Woertman          | 83 | Zwolle      | 55:53 | 54:49 |
| 76  | Janny Jansen           | 57 | Hasselt     | 55:56 | 54:38 |
| 77  | Helga Brink            | 68 | Zwolle      | 56:00 | 54:47 |
| 78  | Anthea Mulder          | 68 | Zwolle      | 56:02 | 55:52 |
| 79  | Sanne Winkler          | 82 | Hasselt     | 56:07 | 55:06 |
| 80  | Esther Post            | 71 | Zwolle      | 56:14 | 55:04 |
| 81  | Gerda van der Vegt     | 66 | Dalfsen     | 56:18 | 55:42 |
| 82  | José Geerling          | 58 | Zwolle      | 56:23 | 55:52 |
| 83  | Marjet Ekhart          | 77 | Harderwijk  | 56:24 | 56:10 |
| 84  | Barbara Oenema         | 72 | Zwolle      | 56:26 | 55:47 |
| 85  | Mirjam Bruinekool      | 76 | Zwolle      | 56:45 | 56:29 |
| 86  | Heleen de Graaf        | 70 | Zwolle      | 56:47 | 55:54 |
| 87  | Jacquelette Veldt      | 68 | Zwolle      | 57:02 | 55:55 |
| 88  | Silvia Bosch           | 65 | Zwolle      | 57:05 | 56:39 |
| 89  | Jannie Katers          | 74 | Zwolle      | 57:07 | 56:17 |
| 90  | Willy Veerman          | 58 | Hasselt     | 57:08 | 56:02 |
| 91  | Hanneke Sloomweg       | 75 | Zwolle      | 57:09 | 56:56 |
| 92  | Ilse Bloemhof          | 75 | Zwolle      | 57:11 | 55:44 |
| 93  | Ineke Witte            | 56 | Zwolle      | 57:21 | 56:24 |
| 94  | Sabine Timmers         | 75 | Zwolle      | 57:24 | 56:33 |
| 95  | Agnes Dinkelberg       | 71 | Zwolle      | 57:26 | 57:04 |
| 96  | Glenda Huisjes         | 70 | Zwolle      | 57:26 | 56:33 |
| 97  | Judith Michels         | 66 | Zwolle      | 57:33 | 55:57 |
| 98  | Louise Kramer          | 68 | Zwolle      | 57:35 | 56:55 |
| 99  | Wiljanne Pierik        | 84 | Zwolle      | 57:38 | 56:54 |
| 100 | Vivian Carbaat         | 84 | Zwolle      | 57:39 | 56:55 |
| 101 | Wimmie IJsinga         | 84 | Zwolle      | 57:39 | 56:55 |
| 102 | Gerda Kijk in de Vegt  | 62 | Hasselt     | 57:40 | 56:34 |
| 103 | Sonja van der Sluis    | 65 | Zwolle      | 57:45 | 57:02 |
| 104 | Herma Broek-Hoekman    | 70 | Zwartsluis  | 57:46 | 56:33 |
| 105 | Margrit Mossel         | 60 | Zwolle      | 58:07 | 57:22 |
| 106 | Ineke Goosensen        | 58 | Haaksbergen | 58:16 | 56:44 |
| 107 | Rianne van der Kamp    | 70 | Zwolle      | 58:16 | 57:30 |
| 108 | Anne van de Vegte      | 72 | Zwolle      | 58:23 | 57:38 |

|     |                       |    |             |         |         |
|-----|-----------------------|----|-------------|---------|---------|
| 109 | Miranda Kruse         | 71 | Zwolle      | 58:23   | 57:38   |
| 110 | Jacqueline van Hoesel | 59 | Zwolle      | 58:26   | 57:01   |
| 111 | Gerry Michel-ten Have | 50 | Zwolle      | 58:37   | 57:49   |
| 112 | Moira Vos             | 72 | Zwolle      | 59:02   | 57:28   |
| 113 | Annemieke Zandbergen  | 66 | Zwolle      | 59:07   | 58:20   |
| 114 | Sandra Burgman        | 66 | Zwolle      | 59:08   | 58:21   |
| 115 | Janny Kragt           | 51 | Zwolle      | 59:08   | 58:21   |
| 116 | Stefanie Jansen       | 84 | Zwolle      | 59:13   | 57:41   |
| 117 | Cynthia Daals         | 69 | Zwolle      | 59:16   | 58:12   |
| 118 | Alice Bloemink        | 73 | Zwolle      | 59:16   | 58:54   |
| 119 | Jacqueline vd Brink   | 72 | Zwolle      | 59:17   | 58:43   |
| 120 | Diana Seinen          | 78 | Hattem      | 59:18   | 58:10   |
| 121 | Gabrielle Kerssies    | 76 | Zwolle      | 59:28   | 58:32   |
| 122 | Hilda Oplaat          | 70 | Zwolle      | 59:29   | 58:44   |
| 123 | Saskia Naber          | 62 | Zwolle      | 59:30   | 58:02   |
| 124 | Barbara van Haren     | 75 | Zwolle      | 59:32   | 58:33   |
| 125 | Aimée Roumans         | 70 | Hoogeveen   | 59:32   | 59:01   |
| 126 | Jolanda Hofman        | 65 | Heino       | 59:33   | 59:14   |
| 127 | Marijke Turkenburg    | 62 | Zwolle      | 59:34   | 58:06   |
| 128 | Jeanine Schuite       | 64 | Zwolle      | 59:36   | 59:14   |
| 129 | Antje Vos             | 67 | Zwolle      | 59:38   | 58:28   |
| 130 | Hanneke Akse          | 59 | Zwolle      | 59:41   | 58:53   |
| 131 | Karien van der Werff  | 59 | Harderwijk  | 59:42   | 58:44   |
| 132 | Elly Klaassen         | 54 | Zwolle      | 59:43   | 58:58   |
| 133 | Lydia Hoorn-Morris    | 64 | Zwolle      | 59:43   | 58:26   |
| 134 | Miranda Nieboer       | 68 | Zwolle      | 59:51   | 58:46   |
| 135 | Femmy Eikenaar        | 66 | Zwolle      | 59:58   | 58:45   |
| 136 | Marianne Westerman    | 69 | Zwolle      | 1:00:00 | 58:47   |
| 137 | Mathilde van Erven    | 70 | Laag Zuthem | 1:00:02 | 59:44   |
| 138 | Brenda Willemsen      | 82 | Zwolle      | 1:00:12 | 58:38   |
| 139 | Elly Blom             | 65 | Zwolle      | 1:00:13 | 59:07   |
| 140 | Carole Aitink         | 71 | Zwolle      | 1:00:14 | 59:35   |
| 141 | Angeliën Docter       | 65 | Zwolle      | 1:00:15 | 59:12   |
| 142 | Frederique Kolthof    | 65 | Zwolle      | 1:00:16 | 59:06   |
| 143 | Jolanda van der Veer  | 73 | Zwolle      | 1:00:16 | 59:36   |
| 144 | Anita Visscher        | 68 | Zwolle      | 1:00:17 | 59:05   |
| 145 | Ellen Hekke           | 74 | Zwolle      | 1:00:19 | 1:00:00 |
| 146 | Henny Lukens          | 47 | Steenwijk   | 1:00:24 | 59:31   |
| 147 | Betty Brattinga       | 62 | Zwolle      | 1:00:24 | 59:03   |
| 148 | Annalies Otten-Hagen  | 66 | Zwolle      | 1:00:24 | 59:43   |
| 149 | Herma Stappenbeld     | 65 | Zwolle      | 1:00:25 | 59:04   |
| 150 | Dikkie van Gijssel    | 52 | Zwolle      | 1:00:25 | 59:38   |
| 151 | Martine Hilgenkamp    | 81 | Zwolle      | 1:00:32 | 59:24   |
| 152 | Paula Ester           | 69 | Zwolle      | 1:00:32 | 1:00:04 |
| 153 | Jacqueline van Mierlo | 62 | Zwolle      | 1:00:34 | 59:51   |
| 154 | Marian Bekedam        | 66 | Dalfsen     | 1:00:37 | 1:00:00 |
| 155 | Mariët Rodink         | 69 | Zwolle      | 1:00:39 | 1:00:16 |
| 156 | Erika Horstman        | 68 | Zwolle      | 1:00:40 | 1:00:16 |
| 157 | Jolinka Feenstra      | 89 | Zwolle      | 1:00:44 | 1:00:05 |
| 158 | Hanneke Simmelink     | 81 | Zwolle      | 1:00:53 | 59:57   |
| 159 | Marije Neuteboom      | 78 | Zwolle      | 1:01:04 | 1:00:22 |
| 160 | Karianne Rozema       | 76 | Zwolle      | 1:01:04 | 1:00:22 |
| 161 | Jenny Huzen           | 60 | Dalfsen     | 1:01:07 | 1:00:08 |
| 162 | Yvonne van't Ende     | 66 | Zwolle      | 1:01:11 | 1:00:44 |
| 163 | Judith Bosch          | 65 | Zwolle      | 1:01:14 | 1:00:43 |
| 164 | Marijke Liberg        | 71 | Zwolle      | 1:01:20 | 1:00:19 |
| 165 | Stella Drijver        | 63 | Zwolle      | 1:01:23 | 1:00:26 |
| 166 | Marjon Dijsselhof     | 84 | Zwolle      | 1:01:24 | 1:00:18 |

|     |                        |    |                 |         |         |
|-----|------------------------|----|-----------------|---------|---------|
| 167 | Karin Christiaans      | 70 | Zwolle          | 1:01:25 | 1:00:56 |
| 168 | Jansje Harmers         | 62 | Zwartsluis      | 1:01:32 | 1:00:15 |
| 169 | Agnes Lindner          | 67 | Zwolle          | 1:01:35 | 1:00:06 |
| 170 | Jeanne Derks           | 63 | Zwolle          | 1:01:45 | 1:00:58 |
| 171 | Titia Huisman          | 73 | Zwolle          | 1:01:59 | 1:01:20 |
| 172 | Aletta Kroeze          | 67 | Zwolle          | 1:01:59 | 1:00:26 |
| 173 | Barbara Boersma        | 71 | Zwolle          | 1:02:05 | 1:01:08 |
| 174 | Arienke Sluiter        | 79 | Zwolle          | 1:02:07 | 1:00:49 |
| 175 | Iris Bevers            | 76 | Zwolle          | 1:02:10 | 1:00:42 |
| 176 | Mieke Kortmann         | 70 | Zwolle          | 1:02:14 | 1:01:01 |
| 177 | Diana Beumer-Baron     | 58 | Zwolle          | 1:02:18 | 1:01:10 |
| 178 | Sita Faber             | 70 | Zwolle          | 1:02:24 | 1:01:11 |
| 179 | Heidi van 't Hof       | 83 | Oosterwolde Gld | 1:02:30 | 1:01:41 |
| 180 | Jannie Jaarsma         | 70 | Zwolle          | 1:02:31 | 1:01:02 |
| 181 | Janny Aarden           | 62 | Zwolle          | 1:02:37 | 1:01:23 |
| 182 | Mirjam Smits           | 65 | Zwolle          | 1:02:41 | 1:02:03 |
| 183 | Gerrita van den Belt   | 75 | Zwolle          | 1:02:47 | 1:02:08 |
| 184 | Jose Eppink            | 69 | Zwolle          | 1:02:49 | 1:01:31 |
| 185 | Paulien Fontijne       | 54 | Zwolle          | 1:02:51 | 1:01:18 |
| 186 | Simone van der Werf    | 71 | Colmschate      | 1:02:55 | 1:01:56 |
| 187 | Carolien van Leussen   | 71 | Zwolle          | 1:02:55 | 1:01:22 |
| 188 | Jannie Hoegen          | 55 | Zwolle          | 1:02:58 | 1:01:26 |
| 189 | Thea Schaap            | 64 | Zwolle          | 1:03:06 | 1:01:48 |
| 190 | Annemarie Zijl         | 69 | Zwolle          | 1:03:11 | 1:01:43 |
| 191 | Henriet van Dalen      | 69 | Zwolle          | 1:03:21 | 1:03:06 |
| 192 | Joseth Timmerman       | 74 | Zwolle          | 1:03:29 | 1:02:21 |
| 193 | Marleen de Mik         | 65 | Zwolle          | 1:03:33 | 1:02:44 |
| 194 | Lammie van den Bosch   | 67 | Zwolle          | 1:03:41 | 1:02:09 |
| 195 | Lonneke Sinnema        | 81 | Zwolle          | 1:03:41 | 1:02:20 |
| 196 | Nicole Harmens         | 80 | Zwolle          | 1:03:42 | 1:02:20 |
| 197 | Karin Koning           | 80 | Zwolle          | 1:03:46 | 1:02:22 |
| 198 | Marga Schaafsma        | 59 | Zwolle          | 1:03:49 | 1:02:35 |
| 199 | Jacqueline Roelofs     | 66 | Zwolle          | 1:04:13 | 1:03:37 |
| 200 | Silvia Westerman       | 73 | Deventer        | 1:04:22 | 1:03:09 |
| 201 | Anita Elzinga          | 76 | Zwolle          | 1:04:32 | 1:03:01 |
| 202 | Mariska Brouwers       | 79 | Zwolle          | 1:04:35 | 1:03:29 |
| 203 | Inez Kool              | 70 | Zwolle          | 1:04:37 | 1:03:06 |
| 204 | Saskia van Voorst      | 68 | Zwolle          | 1:04:38 | 1:03:07 |
| 205 | Wilma Buwalda          | 58 | Zwolle          | 1:04:41 | 1:04:11 |
| 206 | Gerda Brummel          | 66 | Zwolle          | 1:04:43 | 1:03:27 |
| 207 | Linda Sonnemans        | 77 | Zwolle          | 1:04:53 | 1:03:51 |
| 208 | Lucy Boeve             | 66 | Zwolle          | 1:04:55 | 1:03:19 |
| 209 | Anneke Oldegbers       | 63 | Dalfsen         | 1:05:03 | 1:03:37 |
| 210 | Albertine Dijkslag     | 64 | Dalfsen         | 1:05:03 | 1:03:37 |
| 211 | Marleen Derksen        | 70 | Zwolle          | 1:05:19 | 1:03:57 |
| 212 | Claudia de Groot       | 73 | Zwolle          | 1:05:22 | 1:03:50 |
| 213 | Daniëlle Kooi          | 71 | Meppel          | 1:05:35 | 1:04:13 |
| 214 | Frédérique te Dorsthor | 71 | Zwolle          | 1:05:41 | 1:04:13 |
| 215 | Hilde Tromp            | 83 | Zwolle          | 1:05:46 | 1:04:31 |
| 216 | Henriette Snijder      | 67 | Hasselt         | 1:06:13 | 1:05:43 |
| 217 | Brenda de Graaf        | 66 | Zwolle          | 1:06:22 | 1:04:59 |
| 218 | Marjolein Vullers      | 57 | Zwolle          | 1:06:31 | 1:05:13 |
| 219 | Marion Wennemars       | 70 | Zwolle          | 1:06:44 | 1:06:13 |
| 220 | Marielle van Sleen     | 68 | Zwolle          | 1:07:34 | 1:06:13 |
| 221 | Bettie Vellinga        | 68 | Zwolle          | 1:08:05 | 1:06:39 |
| 222 | Monique van der Beek   | 66 | Zwolle          | 1:08:05 | 1:06:39 |
| 223 | Klarine Deuzeman       | 73 | Zwolle          | 1:08:26 | 1:06:48 |
| 224 | Meinou van der Burg    | 71 | Zwolle          | 1:08:55 | 1:07:27 |

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|--------------------------|----|--------|---------|---------|
| 225 Greet Wissink        | 58 | Zwolle | 1:09:05 | 1:07:44 |
| 226 Marianne Grooten     | 61 | Zwolle | 1:09:05 | 1:07:44 |
| 227 Ingrid Godeke        | 77 | Zwolle | 1:09:43 | 1:08:20 |
| 228 Rineke Oving         | 67 | Zwolle | 1:09:56 | 1:08:33 |
| 229 Irene Alders         | 61 | Zwolle | 1:10:16 | 1:08:53 |
| 230 Lianne Borger        | 74 | Zwolle | 1:11:18 | 1:09:55 |
| 231 Leni van de Poll     | 52 | Zwolle | 1:13:21 | 1:13:10 |
| 232 Esther Norg          | 72 | Zwolle | 1:13:38 | 1:12:46 |
| 233 Kirstin van der Vegt | 74 | Zwolle | 1:21:53 | 1:21:47 |
| 234 Jos Rouw-Menkveld    | 62 | Zwolle | 1:26:40 | 1:26:26 |
| 235 Gerda Leene          | 62 | Zwolle | 1:27:28 | 1:27:14 |
| 236 Alberta Bruinis      | 65 | Zwolle | 1:30:07 | 1:28:37 |
| 237 Marjan Vervoort      | 61 | Zwolle | 1:30:18 | 1:29:31 |
| 238 Johanna Bos          | 57 | Zwolle | 1:31:09 | 1:30:41 |
| 239 Kirsten de Kok       | 74 | Zwolle | 1:31:30 | 1:30:51 |
| 240 Eline Verburgt       | 61 | Zwolle | 1:31:35 | 1:30:37 |
| 241 Rieneke Wielink      | 70 | Zwolle | 1:31:42 | 1:31:14 |
| 242 Jolanda Zwakenberg   | 84 | Zwolle | 1:31:43 | 1:30:37 |
| 243 Ria Morrenhof        | 56 | Zwolle | 1:31:45 | 1:31:06 |
| 244 Shirley Delnoy       | 63 | Zwolle | 1:32:01 | 1:31:04 |
| 245 Sanne Zehl           | 95 | Zwolle | 1:32:04 | 1:31:14 |
| 246 Jacqueline Teters    | 70 | Zwolle | 1:32:17 | 1:31:26 |
| 247 Evelyn Nieuwland     | 54 | Wezep  | 1:33:07 | 1:31:49 |
| 248 Betty van der Veen   | 61 | Zwolle | 1:33:31 | 1:32:49 |
| 249 Nicole Lier          | 67 | Zwolle | 1:34:13 | 1:33:04 |
| 250 Joke Hendrickx       | 47 | Zwolle | 1:34:22 | 1:33:03 |
| 251 Belinda Adriaansz    | 68 | Zwolle | 1:37:45 | 1:36:37 |
| 252 Karin Wullink        | 71 | Zwolle | 1:37:45 | 1:36:38 |
| 253 Ellie van de Geer    | 55 | Zwolle | 1:38:55 | 1:37:52 |